

Spanish Cheat Sheet

Pronunciation Tips:

* pronounce all the letters in each word

H – is silent, do not pronounce it in any words

I – pronounced as “ee”

J – pronounced as an “h”

Ñ – pronounced (nasal) as “nee-a”

QUE – pronounced as “k”

Spanish	English
Buenos días	Good day
Como estás?	How are you?
Yo soy dentista de Canada	I am a dentist from Canada
Le puedo ayudar?	Can I help you?
Siéntese por favor	Sit down please
Usted tiene problemas con sus dientes?	Do you have trouble with your teeth?
Donde le duele?	Where does it hurt?
Este?	This one?
Arriba	Upper
Abajo	Lower
Cual?	Which one?
Abra la boca por favor	Please open your mouth
Abra un poco mas	Open a little more
Cierre su boca	Close your mouth
Ponga la cabeza atras	Put your head back
Izquierda	Left
Derecha	Right
Le va a doler un poquito	It's going to hurt a little
Está dormido? OR Está amortiguado?	Is it sleeping? OR Is it numb?
Escupa aqui	Spit here
Si siente dolor, levante la mano por favor	If you feel pain, please lift your hand
Le voy a dar mas anestesia	I am going to give you more anaesthetic
Mucha presion cuando saquemos el diente	Lots of pressure when we take the tooth out
Ya terminamos!	We're finished!
Está bien?	Are you okay?
Muerda fuerte la gaza por una hora	Bite hard on this gauze for one hour.
No fume!	No smoking!
No tome!	No alcohol!
Le voy a dar antibioticos, contra la infesion	I am going to give you antibiotics against the infection
Tome una pastilla cada seis horas/ cuatro horas	Take one pill every six hours/every four hours.
Los puntos se curan solos	Stitches will heal by themselves.
Qué Bueno!	Well done!
Bien	Good
Te portaste muy bien!	You behaved very well!
Hable despasio	Speak slowly
El dolor te despierta de noche?	Does the pain wake you at night?
Te duele con cosas caliente o frias?	Sensitive to hot or cold?

Cuando comes dulces	When you eat sweets
Le duele con presion?	Hurts with pressure?
Cuando te duele los dentes?	When do your teeth hurt?
As visto un dentista antes?	Have you ever seen a dentist?
Te lavas los dientes?	Do you brush your teeth?
Tenemos que sacar el diente.	We have to pull that tooth out!
Te va a picar un poquito	It's going to pinch a little
Esto te va a dormir él diente para que no lo sientas	This is going to put your tooth asleep, so it will not hurt when I pull it out
Enjuage la boca con agua sal todos los dias, empezando mañana	Rinse your mouth with salt water every day, beginning tomorrow.
Tal vez se va a inchar un poco, pero no se preocupe	You may bruise a little, but don't worry
Tiene alergia a la penicilina?	Are you allergic to penicillin?
Buen muchacho / Buena muchacha	Good boy / Good girl
Quien sigue?	Who's next?
El que sigue, por favor	Next please
Ven con migo, por favor	Come with me please
Quien te trajo?	Who brought you?
Busque a su mama/papa/ y traigale aca por favor	Go find you mother/father and bring him/her here please
Este cepillo dental es para usted	This toothbrush is for you
Puede lavarse los dientes asi cada dia?	Can you brush your teeth like this everyday?
No debe comer muchos dulces	You shouldn't eat so many sweets.